

BEVERAGES

Organic Milk 12oz	1.5
Juice Box	1
Bottled or Sparkling Water	2
Detroit City Soda 12/20oz	1.5/2
Iced Tea 12/20oz	1.5/2
Lemonade & Strawberry Lemonade	2.5

Crafted with real fruit juices, purees & cane sugar

COFFEE BAR

Brewed Coffee 12/20oz	1.5/2
Iced Coffee 12/20oz	1.5/2
Hot Tea 12oz/20oz	1.5/2
Chai Tea Latte 12/20oz	3/4
Latte 12/20oz	3/4
Cappuccino 12/20oz	3/4
Flat White 12/20oz	3/4
Red Eye 12/20oz	3/4
Frappe 20oz	4
Americano 12/20oz	3/4
Greens Smoothie 20oz	4.5
Fruit Smoothie 20oz	4.5
Hot Chocolate 12/20oz	2/3

*Flavor choices available for all coffee drinks.
Organic milk used for all drinks.*

kid's menu

EGG AND CHEESE SCRAMBLE	4
<i>Served in a tortilla wrap</i>	
FRENCH TOAST STICKS	4
KID'S DELIGHT	4
<i>Wow-butter, banana slices, and honey drizzle, served in a wrap</i>	
GRILLED CHEESE	4
WOW-BUTTER & JELLY	4
MEAT & CHEESE	5
<i>Meat and cheese; salami, ham or turkey, lettuce and tomato, with choice of cheese, served on pretzel bun</i>	
CHICKEN WRAP	5
<i>Grilled chicken strips, lettuce and cheese, served in a wrap (Hot or Cold)</i>	
MAKE IT A MEAL	2
<i>4oz fruit OR homemade chips, 12oz soda or juice box, milk - add'l. .50</i>	

SPREADS

Mayo • Mustard • Dijon • Sriracha Mayo • Avocado
Atomic Honey Mustard • Brie Cheese • Veganaise
Caramelized Onion Jam • Blackberry Dijon Marmalade

DRESSINGS

Ranch • Italian • Greek Feta Olive • Cilantro Lime
Sun Dried Tomato Vinaigrette • Balsamic Vinaigrette
Buffalo Ranch • Wasabi Ranch • Roasted Red Pepper

ADD-ONS

Gluten-free bread and wraps available .50
Add Egg 1 Extra Meat or Lox 2
Add Chicken 2 Extra Cheese 1
Add Bacon/Avo 1 Add Tom/Jal .50

- Mayo (made with cage-free eggs)
- Eggs; cage-free
- All natural chicken raised without antibiotics
- Detroit City Soda - Craft brewed in small batches made with pure cane sugar; gluten-free, no GMO's

Ask your server about menu items that are cooked to order. Consuming undercooked meats or eggs may increase your risk of foodborne illness.

quick bites

YOGURT PARFAIT	4.5
<i>Organic Vanilla Greek yogurt, topped with homemade gluten-free granola & fresh fruit</i>	
FRESH FRUIT CUP	3
BAGEL	2
<i>Fresh from The Bagel Factory. With cream cheese</i>	
OATMEAL	5
<i>Gluten-free oatmeal topped with coconut flakes, banana slices, cinnamon, brown sugar, cream</i>	
SMOOTHIE BOWLS	7
Berry Bowl; <i>Berry smoothie topped with chia seeds, banana slices, shredded coconut and fresh berries</i>	
Greens Bowl; <i>Green smoothie topped with sunflower seeds, coconut, banana slices and pineapple</i>	
Oatmeal Bowl; <i>Gluten-free oatmeal topped with banana slices, soy nut butter, chia seeds and honey</i>	

BREAKFAST

VEGGIE DELIGHT	6
<i>Avocado, spinach, tomato on toasted multi-grain served open face with sriracha mayo drizzle</i>	
CINNAMON FRENCH TOAST	6
<i>Sprinkled with confection sugar with a side of berries</i>	
#1	8
<i>Egg, avo, tomato, bacon, and pepper jack, served on a croissant</i>	
#2	8
<i>Lox, tomato, red onion, cream cheese, served on a bagel</i>	
#3	8
<i>Ham, bacon, egg, and cheddar cheese, served on an asiago cheese bagel</i>	
#4	7
<i>Eggs scrambled with feta, tomato, and spinach, served in a wrap</i>	
#5	8
<i>Ham, Monterey jack, blackberry Dijon marmalade, served warm between French toast</i>	
#6	7
<i>Egg, all natural sausage patty, Monterey jack, served on an English muffin</i>	
BUILD YOUR OWN SANDWICH	8

SALADS

BUFFALO	9.5
<i>Blue cheese and cheddar, tomato, celery, red onion, buffalo chicken, and buffalo ranch, atop greens</i>	
COBB	9.5
<i>Blue cheese, cheddar, bacon, egg, avo, cucumber, and tomato, atop greens</i>	
GREENS	9.5
<i>Grapes, apples, sunflower seeds, blue cheese and cheddar, bacon, atop greens</i>	
HARVEST MIX	9.5
<i>Cheddar, tomato, dried cherries, sunflower seeds, smoked turkey, atop greens</i>	
MEDITERRANEAN	9.5
<i>Feta, roasted red peppers, cucumber, tomato, olives, and red onion, atop greens</i>	
MAKE IT A MEAL (SALADS)	3
<i>Side of coleslaw or homemade chips & a 20oz soda</i>	

SANDWICHES

**Made with all natural deli meats No artificial ingredients, minimally processed, no preservatives, no binders or fillers.*

HOT

BUFFALO CHICKEN WRAP	9
<i>Grilled buffalo chicken strips, lettuce, tomato, red onion, celery, cheddar, blue cheese and buffalo ranch dressing, served in a wrap</i>	
CORNERED BEEF	10
<i>Corned beef, swiss, served on marble rye. Your choice of sauerkraut or coleslaw. Served with or without thousand island</i>	
FRENCH DIP	10
<i>Roast beef, swiss and onion served warm with Aujus</i>	
GRILLED CHEESE	7
<i>Cheese, jalapeño and tomato grilled to perfection on sourdough</i>	
HAWAIIAN	10
<i>Ham, bacon, grilled pineapple, and provolone, served on a brioche bun</i>	
PASTRAMI	10
<i>Pastrami, swiss and onion, served on rye</i>	
ROAST BEEF	10
<i>Roast beef, wasabi slaw, tomato and cheddar</i>	
SPICY VEGGIE WRAP	8
<i>Superfood slaw, spicy cauliflower florets, served in a wrap</i>	
TUNA MELT	10
<i>Tuna salad, avocado, and cheddar cheese, served open face on multi-grain</i>	
TURKEY BRIE	10
<i>Turkey, lettuce, brie cheese, and caramelized onion spread, served on a brioche bun</i>	
TURKEY REUBEN	10
<i>Turkey, slaw, swiss and thousand island, served on marble rye</i>	

COLD

ITALIAN	10
<i>Turkey, ham, salami, lettuce, tomato, onion, pepper rings, provolone and Italian dressing, served on sourdough</i>	
TUNA CROISSANT	9
<i>Tuna salad, lettuce, tomato and onion, served on a croissant</i>	
TURKEY BOMB	10
<i>Smoked turkey, lettuce, tomato, onion, provolone, and atomic honey mustard, served on a pretzel bun</i>	
VEGETABLE WRAP	10
<i>Veggie cream cheese, lettuce, tomato, onion, olives, avocado, roasted red peppers, and pepper jack, served in a wrap</i>	
WINGED PIG	10
<i>Ham, turkey, swiss, cheddar, lettuce, tomato, onion, pepper rings, mayo, and mustard, served on sourdough</i>	
MAKE IT A MEAL (SANDWICHES)	3
<i>Side of coleslaw or homemade chips & a 20oz soda</i>	
BUILD YOUR OWN SANDWICH	9
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sides & such

Dill Pickle	1
Homemade Potato Chips	3
Cinnamon and sugar, cajun, salt & pepper	
Caramelized Onion Brussel Sprouts	3
Spicy Cauliflower Florets	3
Cole Slaw	3
<i>Choice of wasabi slaw or traditional</i>	
Soup Cup/Bowl	3.5/5